News

Macomb County
Office of Public Affairs



FOR IMMEDIATE RELEASE

Sept. 7, 2006

Contact: Phil Frame

Office of Public Affairs

586-469-7239

phil.frame@macombcountymi.gov

Macomb County Senior Citizen Services offers support groups

MOUNT CLEMENS, Mich. – The Macomb County Senior Citizen Services Department sponsors a wide selection of support groups aimed at helping seniors and those caring for seniors.

The groups deal with a range of topics including grief support, late-life divorce, grandparents raising grandchildren, and caring for family members. The groups meet each month and welcome new members. Attendance is free of charge.

New Beginnings Grief Support Group

- For people 55 years old or older who are learning to live with loss.
- This group meets at the VerKuilen Building, 21885 Dunham Road, Suite 6, Clinton Township, from 10 a.m. to noon on the first Tuesday of each month.

Late Life Divorce Support Group

- For people 55 years old or older who are divorced, divorcing or contemplating a divorce.
- This group meets at the VerKuilen Building, 21885 Dunham Road, Suite 6,
 Clinton Township, 1:30 to 3:30 p.m. on the first Wednesday of each month.

Page 2

New Horizons-Depression Support Group

- Provides support, positive life choices and increase well-being for people suffering with any kind of depression.
- This group meets at Christ Lutheran Church, 32300 Schoenherr Road, ½ mile south of 14 Mile Road, Warren., from 6 to 7:30 p.m. on the second Monday of each month.

For more information about the support groups, call Bobbi Knapp at 469-6708.

About Macomb County

Macomb County is an enriching community in Southeastern Michigan that has one of the state's fastest rates of growth. Its 834,000 residents make it Michigan's third-largest county, with direct access to Lake St. Clair and Anchor Bay, and a host of cultural and entertainment options. Its highly skilled workforce and investment in new and expanding businesses make it open to enterprise. Active civic leadership translates into balanced budgets and Michigan's second-lowest tax rate. An increasingly diverse population and high quality of life make Macomb County accessible to all.